

the new Woman's Day[®]

You Can Have It All

28 Great
Summer
Recipes

From Barbecue
to Desserts

Enchanting
Paper Roses

A FIRST BOUND COPY

6 Weeks to a New You Walk Off Weight

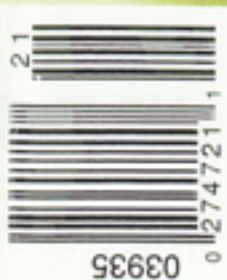
Cut Errand Time in Half Top 39 Foods for Your Heart

25 Smart Ideas for Your Kitchen

Our Favorite OTC Health & Beauty Products

Shop Smart, Spend Less

You Can Be a Stay-at-Home Mom



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Debra J. Wattenberg, M.D., a dermatologist in New York City, says the drugstore has great skincare solutions. But, she warns, know your skin type and don't double up on products containing benzoyl peroxide or other active ingredients.

Lambeth Hochwald

CLEANSERS

Daily Facials for Combination/Oily Skin by Olay

"The beta hydroxy acids in these cloths will help unclog and clean out pores." Plus they're convenient and disposable, which makes them perfect for travel (\$6.99/box).



Cetaphil Cleanser

"This product is great for dry, sensitive skin. It's nonalkaline and noncomedogenic, so it doesn't promote blackheads or clog pores" (\$6.99/8 oz).



ACNE PRODUCTS

Facewipes To Go by Stridex

Wrapped individually, these are perfect for busy women. "If you go to the gym and want to freshen up, especially if you have a tendency to break out after exercising, these are ideal. The salicylic acid helps degrease the skin and unclog pores, preventing future breakouts" (\$4.99/32 pack).



Maximum Vanishing Acne Treatment by Oxy

This 10 percent benzoyl peroxide cream kills the bacteria that cause pimples and also contains oil-free moisturizers to prevent overdrying. "Control how much you use. Too much can cause additional irritation" (\$4.99/1 oz).



FOR VERY DRY SKIN

Healing Ointment from Aquaphor

Dry, chapped lips as well as dry, rough hands and cuticles will love this cream. "It's greasy like Vaseline but it absorbs easily and it's fragrance-free. It's good for any dry patch" (\$6.99/3.5 oz).



EYE CREAMS

Healthy Skin Eye Cream by Neutrogena

This product boosts hydration around the eyes. "It has alpha hydroxy acids that ease away the appearance of fine lines and vitamins that combat the effects of pollution and smoke" (\$12.99/0.5 oz).



RevitaLift Eye Anti-Wrinkle and Firming Cream by L'Oréal Plénitude

"The pro-retinol A in this product hydrates the skin." It also contains par-elastyl, which may help increase skin's firmness and reduce morning puffiness (\$12.99/0.5 oz).



MOISTURIZERS

Retinol Actif Pur Anti-Wrinkle Day Treatment by RoC

If you're looking to reduce hyperpigmentation (age spots) or fine lines, try this product. It contains UVA and UVB filters to protect against future sun damage as well as vitamin A. "Plus, the retinol in this product helps to exfoliate and remove blackheads" (\$17.99/1 oz).



Purpose by Johnson & Johnson

Always choose a daytime moisturizer that contains an SPF of at least 15. "In addition, this product is oil-free, hypoallergenic and noncomedogenic" (\$8.99/4 oz).



ANTIAGING PRODUCTS

Age Decelerating Daily Cream by Almay Kinetin

Antiaging products can really help to improve your skin's radiance, minimize pore size and erase discoloration. Look for products with retinols, alpha hydroxy and glycolic acids or kinetin, which is found in green leafy plants and has been clinically proven to prevent visible signs of aging while maximizing the skin's ability to retain moisture. "This is a hypoallergenic, age-decelerating cream with SPF 15." Discontinue use if you notice dryness or sun sensitivity (\$15.99/1.6 oz).



BODY WASH

All Day Moisturizing Body Wash by Dove

This product comes in Deep Moisture for dry skin, Fresh Moisture for normal skin and Unscented for sensitive skin. "It's a soap-free body wash that contains extra-mild cleansers. Plus, it's a perfect substitute for shaving cream" (\$4.89/12 oz).



SUNSCREEN

Ultra Sweatproof by Coppertone Sport

"If you're spending the day at the beach, a moisturizer with SPF 15 is not enough." This sunscreen has both UVA and UVB protection (\$9.99/8 oz).

