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**Q WIDE-EYED**  
My eyes are wide set. Can you give me tips to make them look closer together without tons of makeup?

—Jamie, via e-mail



**A** Wide-set eyes can be very beautiful and very desirable (check out this pic of Kate). Use dark colors on the inside corners of your eyelids (closest to the nose) to give the illusion that your peepers are closer together. For example, when you use eyeliner, make the line thicker around the part of your eyes closest to your nose by making one thin stroke along your whole lash line and then drawing a second line from the inside corner to the center of your eyelid. This accentuates the inner corner of your eye, and, as a result, when someone looks at you, their eyes will be drawn to where the most color is. To make the illusion complete, keep the colors on the outer corners of your eyes light and neutral. Also, give the lashes closest to your nose an extra stroke of mascara. If that doesn't work, shave your head—no one will notice your eyes at all!

**Q BRONZED BABE**  
How can I make my tan last through the winter?

—April, via e-mail

**A** Unless you're planning a guest appearance on *Baywatch*, there really is no reason to hang on to your tan. If you live in a cold climate, it'll be obvious you're fake bakin' since it's too chilly to lay out. But if you insist, Cover Girl makeup pro B.J. Gillian has these tips: There are many good self-tanners on the market, just make sure to read the directions and choose one that works with your skin type. He suggests recreating the sun-kissed effect with a good blush or bronzing powder (like Bonne Bell Powder Bronze) and dusting it where the sun is most likely to hit your face naturally: the cheeks, the bridge of the nose, the chin and along the hairline. Try using a large brush to blend well so you won't have any lines of color, especially along the chin. Whatever you do, never, ever use tanning beds. Those oversized waffle irons damage and destroy skin forever.

**Q H<sub>2</sub>-OUCH**  
We have hard water at my house. Is it true that it can mess up my skin and hair?

—Emily, North Rose, NY

**A** Hard water is not the best for your skin or hair because it can leave a

build-up on tresses and strip skin of its protective outer layer, drying it out. Boyd Tizenor, owner of Lather Beauty Lounge in California, recommends using a clarifying shampoo (we like Origins Clear Head Shampoo and Neutrogena Anti-Residue Shampoo) to wash away mineral deposits other shampoos may not get out. However, for a do-it-yourself solution, add a little baking soda to your regular shampoo before lathering up. As far as your skin is concerned, Dr. Debra J. Wattenberg, a New York-based dermatologist, says the key is to not get too dried out. Using a moisturizing soap, like Dove Ultra Moisturizing Body Wash, followed by a good lotion, like Vaseline Intensive Care Lotion for Dry Skin, will help fight flakes. Avoid harsh detergent soaps, especially the anti-bacterial kinds, because they'll dry skin out even more. Of course, if you don't like the idea of being pummeled by minerals while showering, a filter is a good idea (it's a little pricey, but it'll last for years).

## CIG ALERT

**Q** I just started smoking (about four cigs per day), and now my face has broken out, my lips are chapped and my skin is dry and flaky. What's up?

—Kelsie, via e-mail

**A** Reason No. 593 why not to smoke: It's like holding your face up to a truck's exhaust pipe. And, if that's what it's doing to your face, imagine what it's doing to your lungs. The first thing to do is quit. There are tons of ways for you to get help. You can call the American Lung Association at (800) LUNG-USA, the National Center for Tobacco-Free Kids at (202) 296-5469 or check your phone book for the local Nicotine Anonymous support group. There are also over-the-counter patches and gums to help you kick the habit. Once you quit, don't expect your skin to bounce back overnight. It will take several weeks before your body is rid of all the pollution it's been exposed to. Productwise, get a good alpha hydroxy acid (AHA) product, like Freeman Beautiful Skin Tangerine & Guava Alpha & Beta Hydroxy Peel-Off Masque, because AHAs will help skin exfoliate the dried-out, smoke-infected top layer to reveal a fresh new layer underneath. Be patient during this process, and whatever you do, don't go back to smoking. Your body will thank you for it.

